

RHG member no: 1651

Stephanie Turvey

joined September 2019

My art practice is writing. I have combined my love of the English word with a passion for wellbeing to write my first book, *The Wellbeing Revolution; reclaiming our wellbeing.*

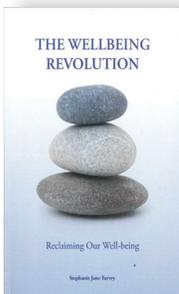


In my teens I reflected that mental health was not treated very well in our society. I felt that medication was only part of the answer. I saw firsthand the model of “mental” institutions of the day. I had a vision of the future. The world needed change.

We now live in the 21st Century and these issues have not diminished but have risen to epidemic proportions. Our social and medical understanding still has room for improvement.

Two years ago, I made the decision to focus on my lifelong dream to write a book about wellbeing. And I published the book in August 2019. Drawing on my own personal and family experience of mental illness and of the mental health system in South Australia, as a child growing up in the 1960-70’s, I wrote to open the conversation around wellbeing, to give a broad perspective and to encourage personal growth, with a focus is on self-help.

The creative process facilitated a journey of self-acceptance and to find my own voice within the process. The book encourages the reader to find their voice and to work through their own story line.



'The Wellbeing Revolution; reclaiming our wellbeing' is available from Gallery M.

membership update

Welcome to new Red House Group members who have joined since the last newsletter:

Julie Blake, Susan Dawe, Hussain Alismail, Marian Martin & Vicki Bartel.

DIARY DATES

COVID-19 restrictions:

Gallery M is open with some restrictions in place. Normal Friday evening ‘openings’ are not possible at this time. Please check our website for current information.

Sunday 6 September:

Last day of the current exhibitions

Monday 7 September: 4pm

Exhibition Committee meeting

Friday 11 Sept / Saturday 12 Sept: 12 - 4pm

TWO NEW EXHIBITIONS - PREVIEWS & OPENINGS

▶ **'A Decade On'** an exhibition of artworks by the **Class Act Collective.**

▶ **'Plus One Too'** artworks in various media by members of the **Red House Group Inc** plus a selected junior artist with whom the member has a connection

Exhibition Previews: 12 - 4pm, Friday 11 September.

Your opportunity to view the new exhibitions.

Artists will be in attendance

Exhibition Launches: 12 - 4pm, Saturday 12 September.

Maximum visitor numbers apply. Artists will be in attendance

Meet the artist / demonstrations ('A Decade On')

1pm, Saturday 19 September; 1pm, Saturday 26 September;

1pm, Saturday 3 October. A chance to talk to the artists in a relaxed and informal atmosphere. Free entry. Please see website for more info.

Thursday 17 September: 7pm

Red House Group AGM in Gallery M. All members invited.



Gallery M is proudly operated by the Red House Group on behalf of the City of Marion
The Red House Group at Gallery M thanks the City of Marion and Patritti Wines



**Gallery M
Marion Cultural Centre**

287 Diagonal Road,
Oaklands Park SA 5046



P: 8377 2904 E: gallerym@marion.sa.gov.au



SEPTEMBER 2020

RHG member exhibitions

2020

► 'Plus One Too' (HALF)

Featuring artwork by a RHG member, ...PLUS a junior artist (under 16 yrs).

Exhibition dates: 11 September- 11 October

Delivery of artwork must be on or before 4pm Tuesday 8 September.

Are you interested in having your own exhibition at Gallery M?

We still have some spaces available for 2021.

Email Gallery M for more info, or call in discuss options with Gallery staff.

gallerym@marion.sa.gov.au

Hi fellow Red House members

This month, as flagged in the last newsletter, the Red House Group will be holding it's Annual General Meeting (AGM) at 7pm, Thursday 17 September. It will be held at Gallery M. A promo flyer for the AGM is included in this mailout - it has a tear-off section to be returned if you would like to nominate for a position on the Board of Management. The Board meets monthly, and oversees the operation of Gallery M. Please consider becoming involved for 2020-2021.

If you are intending to come to the AGM, please RSVP as soon as possible so we can manage numbers with regards to social distancing. Also, due to COVID restrictions, unfortunately there will be no supper to share this year.

COVID restrictions continue to affect some aspects of the gallery operations, but everyone has been very supportive. I would like to thank the exhibiting artists for their understanding during this period.

I look forward to seeing you again soon
Julie

CONGRATULATIONS... OPPORTUNITIES... EVENTS... ART+ABOUT

ART & ABOUT

Pop Up Gallery (Online). *Specks in the Space of Breath and Time* or simply 10 drawings by RHG member **John Martin** based on the landscape to the east of the Barossa Valley in SA. The Pop Up Gallery is open online 24/7 until 16 Sep. John is happy to talk to visitors - just use the contact link on the site & he will respond as soon as possible. www.martinart.com.au/post/pop-up-gallery

Urban Cow Studio. (En) *Titled - Chiranjika Grasby.* Emerging artist & curator Chiranjika Grasby explores the recreation of human likeness in the language of miniature oil portraits on wood. She takes her interpretation of the miniature to a place of scrutiny on pop culture & 'the celebrated'. Wed 2 Sep - Sat 3 Oct. **Urban Cow Studio**, Shop 6, 10 Vaughan Place, Adelaide. Mon - Thurs 11am - 5pm, Fri 11am - 7pm, Sat 11am - 5pm. Closed Sun. M: 0402 163 098, E: urbancowstudio@gmail.com www.urbancow.com.au

Newmarch Gallery. *Strange Days.* Artists from **Prospect Arts Action Network** created works during the 'strange days' of the current pandemic. 'Strange days' of unexpected realities, new social rules & routines, now familiar graphics & turns of phrase, isolation & connectedness, & new perceptiveness of their neighbourhoods. 5 Sep - 04 Oct. Currently open 9am - 5pm (M, Tu, W, F), 9am - 7pm (Th) & 9am - 4pm (Sat). Closed Sun. Please check website to confirm opening hours. **Newmarch Gallery**, Payinthei, 128 Prospect Rd, Prospect. E: admin@prospect.sa.gov.au www.newmarchgallery.com.au

Linhay Gallery. *Collage to Stitch #2.* **Four x Four** artists **Maxine Fry, Ruth Galpin, Suzanne Gummow & Sandra Obst** present their 2nd exhibition together, a culmination of a year's worth of exploration of collage as a tool for developing ideas around nature. Sat 5 Sep - Sun 27 Sep. Sat & Sun only 10am - 4pm. **Linhay Gallery**, 13 Main North Rd, Auburn. E: hellen@linhaygallery.com.au M: 0457 824 222 www.linhaygallery.com.au

JamFactory at Seppeltsfield. *Autumnal Colours.* The exquisite beauty of the changing of the seasons & the rich colours of our natural landscape are captured by a diverse range of artists who share their interpretations through ceramics, glass, jewellery, metal & textiles. The vibrant colours of autumn bring the natural world inside in an harmonious riot of colour, texture & form. Concludes 20 Sep. Open 7 days 11am - 5pm. **JamFactory at Seppeltsfield**, 730 Seppeltsfield Rd, Seppeltsfield. E: seppeltsfield@jamfactory.com.au T: 8562 8149 www.jamfactory.com.au/exhibitions-jamfactory-barossa

ART & ABOUT

JamFactory Adelaide. Gallery One. *FUSE Glass Prize.* The FUSE Glass Prize finalist exhibition showcases 18 outstanding glass artists. This biennial non-acquisitive prize for Australian & New Zealand glass artists is Australasia's richest prize for glass. The prize provides a platform for artists to push themselves & their work to new limits. **Gallery Two.** *Modern Mysticism.* A group exhibition of six contemporary jewellers & ceramicists whose work explores the imagery & ritual materiality of idols, icons, totems, talismans, symbols & religious practices. Both exhibitions conclude 20 Sep. Open Mon - Sat 10am - 5pm. Closed Sun and Public Holidays. **JamFactory**, 19 Morphett Street, Adelaide. E: retail@jamfactory.com.au T: 8231 0005 www.jamfactory.com.au/exhibitions-jamfactory-adelaide

Royal South Australian Society of Arts Gallery. Kate Stewart-Moore & Annette Marner. An exhibition of photographs & paintings at their amazing best. Sat 19 Sept - Sat 10 Oct. **Royal South Australian Society of Arts**, Gallery: Level 1, Institute Bldg Cnr North Tce & Kintore Ave, Adelaide. Mon - Sat 1 - 3.30pm. Closed public holidays. P: 8232 0450 E: rsasa@bigpond.net.au www.rsasarts.com.au

OPPORTUNITIES

Patritti Brighton Jetty Sculptures. *Call for entries.* Exhibition will be held in 21 - 31 January 2021 (subject to any COVID-19 Government Regulations and Approvals in place at the time). Open to local and interstate sculptors aged 18 years or older, working in any medium. Prizes in 5 categories from \$1,000 to \$5,000. Online entries can be submitted until **Sat 31 Oct 2020**. Please see website for conditions & entry fees www.brightonjettysculptures.com. For more information contact Colleen Slattery: slattery22@bigpond.com

Heysen Prize for Landscape 2020. *Call for entries.* The Hahndorf Academy's Heysen Prize for Landscape celebrates the Australian landscape & environment. It was established in 1997 to commemorate the life and work of the internationally renowned, artist, Sir Hans Heysen (1877-1968). To celebrate & recognize Australian artists and their resilience during this difficult year, the prize money has been raised from \$15,000 to \$20,000. The prize is open for 2D & 3D works, including moving image. A maximum of 2 works can be submitted. Exhibition dates: 12 Dec 2020 - 14 Feb 2021 **Entries close 5pm Fri 2 Oct 2020.** More information & online entry at hahndorfacademy.org.au/heysen-prize-1